G# A# Ab Bb	$\begin{array}{ccc} C \# & D \# \\ D \flat & E \flat \end{array}$	$\begin{array}{cccc} F \# & G \# & A \# \\ G \flat & A \flat & B \flat \end{array}$	C# D# D, E,	$\begin{array}{cccc} F \# & G \# & A \# \\ G \flat & A \flat & B \flat \end{array}$	

- 1. Start on E. Up a 3^{rd} ; down a 4^{th} ; down a 2^{nd} ; down a 3^{rd} ; up a 4^{th} .
- 2. Start on G. Up a 4^{th} ; up a 3^{rd} ; down a 4^{th} ; down a 2^{nd} ; up a 4^{th} ; up a 2^{nd} .
- 3. Start on F. Down a 5th; down a 3rd; down a 2nd; down a 4th; up a 5th.
- 4. Start on C. Down a 2nd; down a 4th; up a 5th; up a 3rd; up a 3rd.
- 5. Start on A. Down a 6th; up a 2nd; up a 4th; up a 3rd; down a 6th; up a 3rd.
- 6. Start on B. Up a 2^{nd} ; up a 3^{rd} ; up a 4^{th} ; down a 5^{th} ; down a 6^{th} ; up a 3^{rd} .
- 7. Start on D. Down a 7th; up a 6th; up a 2nd; up a 4th; up a 5th; down a 4th.
- 8. Start on C. Up a 3^{rd} ; up a 3^{rd} ; up a 7^{th} ; up a 2^{nd} ; up a 4^{th} ; down a 7^{th} .